

Liver Biopsy Instructions

7 Days before the procedure:

Complete the necessary blood work. Be sure to take the order sheet with you to the lab of your choice.

5 Days before the procedure:

Stop the following medications:

- Coumadin (warfarin) ~ Plavix (clopidogrel) ~ Aggrenox (aspirin/dipyridamole) ~ Ibuprofen ~ Aspirin
(Tylenol is okay)

The day of the procedure:

- Do not eat or drink after midnight.
- Do not take any insulin or diabetes medicine the morning of the exam.
- You may take heart and/or blood pressure medications.
- If you use an inhaler, please bring it with you.
- **You will need a driver** because of the sedation you will receive.
- Activity following the procedure will be limited to no heavy lifting, twisting or bending for 72 hours.

Date of Procedure: _____ Arrival Time: _____

**** The time that we give you is the arrival time, your procedure typically starts 1 1/2-2 hours following your arrival. ****

**** EXPECT TO BE HERE 4-5 HOURS ****

Location: Cedar Valley Digestive Health Center

1015 S. Hackett Rd., Waterloo, IA 50701

If you have any questions or concerns, please call our office at 319-234-5990 or 877-858-4741.

Office hours are Monday–Friday from 8:30 a.m.-5:00 p.m., with phones answered 24 hours per day for emergencies.