

## Endoscopic Ultrasound (EUS) Instructions

- An EUS is an examination of the lining and walls of your upper and lower gastrointestinal tract. The upper tract is the esophagus, stomach and duodenum; the lower tract includes your colon and rectum. EUS is also used to study internal organs that lie next to the gastrointestinal tract, such as the gallbladder and pancreas.
- The gastroenterologist will use a thin, flexible tube called an endoscope. The gastroenterologist will pass the endoscope through your mouth or anus to the area to be examined. The gastroenterologist then will turn on the ultrasound component to produce sound waves that create visual images of the digestive tract.
- IV sedation is used during the procedure, so we require someone to be available to drive you home.
- The test takes approximately 30-60 minutes, but plan on being at the hospital for several hours.

### See Medication Information sheet.

### Preparation for the test:

- No solid foods for 8 hours prior to the test.
- Clear liquids up until 6 hours before your arrival.
- You may take heart and blood pressure medications.
- If you have an inhaler, bring it with you.
- Do not take any insulin or diabetes medications.
- Wear comfortable clothes; you may feel bloated after.
- **You will need a driver** that day because of the sedation you will receive. You will not be able to drive or work the rest of that day.

Date of procedure: \_\_\_\_\_ Arrival time: \_\_\_\_\_

**\*\* The time that we give you is the ARRIVAL time; the procedure will begin roughly one hour after you arrive.\*\***

**\*\* EXPECT TO BE HERE 3-4 HOURS\*\***

**Location: 1825 Logan Ave.  
Waterloo, IA 50703**

If you have any questions or concerns, please call our office at 319-234-5990 or 877-858-4741.  
Office hours are Monday–Friday from 8:30am - 5:00pm, with phones answered 24 hours per day for emergencies.