

## Liver Biopsy Instructions

### 5 Days before the procedure:

Stop the following medications:

- Coumadin (warfarin) ~ Plavix (clopidogrel) ~ Aggrenox (aspirin/dipyridamole) ~ Ibuprofen ~ Aspirin  
(Tylenol is okay)

### 5 days before the procedure:

- Complete the necessary blood work. Be sure to take the order sheet with you to the lab of your choice.

### The day of the procedure:

- Do not eat or drink after midnight.
- Do not take any insulin or diabetes medicine the morning of the exam.
- You may take heart and/or blood pressure medications.
- If you use an inhaler, please bring it with you.
- **You will need a driver** because of the sedation you will receive.
- Activity following the procedure will be limited to no heavy lifting, twisting or bending for 72 hours.

Date of Procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

**\*\* The time that we give you is the arrival time, your procedure typically starts 1 1/2-2 hours following your arrival. \*\***

**\*\* EXPECT TO BE HERE 4-5 HOURS \*\***

**Location: Cedar Valley Digestive Health Center**

1015 S. Hackett Rd., Waterloo, IA 50701

If you have any questions or concerns, please call our office at 319-234-5990 or 877-858-4741.

Office hours are Monday–Friday from 8:30 a.m.-5:00 p.m., with phones answered 24 hours per day for emergencies.