

# UnityPoint Health - Allen Hospital

## Digestive Health Center

### Pre-Procedure Discharge Instructions

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Does the primary learner have any barriers to learning?  NO  YES

If yes, describe: \_\_\_\_\_

What is the primary language of the primary learner?

\_\_\_\_\_

Is an interpreter required?  NO  YES

Any spiritual or cultural concerns?

\_\_\_\_\_

How do you learn best?

Demonstration

Reading

Listening

All of these

#### ACTIVITY:

- **DO NOT DRIVE OR OPERATE DANGEROUS MACHINERY OR APPLIANCES UNTIL THE NEXT CALENDAR DAY FOLLOWING THE PROCEDURE.**
- Do not go back to work or school today.
- Do not drink alcohol for 24 hours following the procedure.
- Refrain from making critical decisions until the next calendar day following the procedure.
- Have a responsible adult drive you home.

#### WHAT TO WATCH OUT FOR:

Any rectal bleeding, unusual abdominal pain, nausea, vomiting, fever over 101°F, persistent dizziness, or any other problems. If you experience any of these conditions, you should call us at 319-234-5990 or toll free at 1-877-858-4741 (answered 24 hours a day).

PATIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

DRIVER'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_