

## Pre-Procedure Discharge Instructions

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Does the primary learner have any barriers to learning?    No    Yes

If yes, describe: \_\_\_\_\_

What is the primary language of the primary learner?

\_\_\_\_\_

Is an interpreter required?    No    Yes

Any spiritual or cultural concerns?

\_\_\_\_\_

How do you learn best?

Demonstration                       Reading                       Listening                       All of these

### Activity:

- **DO NOT** drive or operate dangerous machinery or appliances until the calendar day following the procedure.
- Do not go back to work or school today.
- Do not drink alcohol for 24 hours following the procedure.
- Refrain from making critical decisions until the calendar day following the procedure.
- Have a responsible adult drive you home.

### WHAT TO WATCH OUT FOR:

Any rectal bleeding, unusual abdominal pain, nausea, vomiting, fever over 101°F, persistent dizziness, or any other problems. If you experience any of these conditions, you should call us at 319-234-5990 or toll free at 1-877-858-4741 (answered 24 hours a day).

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_

Driver's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Nurse's signature: \_\_\_\_\_ Date: \_\_\_\_\_