Ed Day

March 8, 2017

Opening **Brooke**

Conscious Sedation **Jerilyn & Billie**

Jerilyn explains sedation. How its not as deep of a sleep as general

anesthesia. She also explains ASA score. Typically a patient is at a 2.

Medications that sedate are Opiods- Demerol, the reversal for this

is Naloxone. Fentanyl-the reversal for this is Naloxone. This med

is also safe for lactating patients. And Versed- the reversal is Flumazenil.

This one is the most typically used.

For elderly patients use lower doses at a slower rate. Patients with

sleep apnea usually need smaller doses.

Always watch for partial to full airway obstruction. Basic Airway Managment includes

Artificial Airway devices- Nasopharyngeal Airway, or a bag mask.

Colonoscopy Preps **Patti**

Open-Access Endoscopy- referral by primary care providers with out previous clinic
consultation. The advantages to this method is decrease cost, decrease work load, and
timely procedures. But this method

is not a substitute for a consultation. The types of Preps used to prep for a colon

are : Routine Prep, a 2-day prep (constipation or history of poor prep), a Hosptal prep (No
bowel prep until arrive at hospital) and a Flex-Sig prep (magnesum Citrate and enemas).

Special Instructions: Pre-procedure antibiotics, diabetic patients and patients on blood
thinners. Take medication can only take them 2 hours away from the laxative.

Laxative Options: Suprep (most commonly used), Nulytely, Prepopick, Osmoprep,

Miralax, Movi Prep, and Gavilyte. Each one of these needs to be followed up

with extra fluids.

Frequently asked question: Can I drink anything other than water? Answer only clear liquids. Why can't I drive home? or Why can't I take a taxi home? Answer because of the sedation you receive during the procedure. You need someone with you to make sure you get home safely. What can I eat before a colonoscopy? Answer No Solids.

Compliance   **Lisa & Brenda**

Reminders JCAHO. Key reminders is in the breakrooms please review and sign. JCAHO questions to make sure we understand our policies.

Lovenox   **Dr. Alardin**

Procedure related to bleeding risk. Colon, EGD, Flexable Sigmoidoscopy (FFS) are all low risks. High risk will need to do a bridge with their anticoagulant therapy.

What is a bridge? To taper the anticoagulant down until patient is off it or almost off it. Start the bridge a couple of days before procedure. When the INR/PT has started to dip between the therapeutic range.

Consider calling patient that is on the bridge therapy the day before to make sure patient is understanding their last dose of anticoagulant.

Patient is to hold Lovenox the day of the procedure and preferably the day prior.

Cardiac Rhythms   **Levi**

Common Cardiac Rhythms. Normal Sinus Rhythm 60-100 BMP- regular rate. Sinus Tachycardia > 100 BMP, Bradycardia < 60 BMP, Arrhythmia depends which arrhythmia the patient has.

Infection Control   **Holly**

We do highly level disinfection cycles to make sure scopes are clean.

Pre Clean at bed sides, use each brush for each area designated for the

ERCP scope. Quality control on test strips. If scope was used before 7 days

don't need to be recleaned before use. But if is 7 days or after need to be cleaned

before use. This a recommendation, but here at Allen we are ahead of that

and we are processing the scopes correctly.

Closing   **Barb**

Thanking everyone for their presentations.

Colon Cancer Awarness is the month of March. Thanking everyone for the   preparations. Kelli started Pre-Procedures registration. She prepares and educates

the patients prior to thier procedure.

Introduce new staff- Deb and Ashley

June 7 will be next Ed Day.

PI Preformance Improvement was explained by Jerilyn. There will be clocks

put by the doors of each patient room. Every 15-20 minutes we are to check

on the patient then move the clock arms when next time to check.

Remind patients of medication to used during sedation on discharge.   During post-   calls ask patients questions about their medications.

March 20-24 is GI Nurses Week. Happy Colon Cancer Awarness Month.

Our poor prep rates are under 5%!

Brooke and Mindy are on the ballet for SGNA. So vote for them.

GI Conference on March 30 and would like everyone to go.