

UnityPoint Health - Allen Hospital

Digestive Health Center

Pre Capsule Endoscopy Instructions

Pre Capsule Checklist:

1. Do you have difficulty swallowing?
2. Do you have a pacemaker or a defibrillator?
3. Are you scheduled for an MRI?
4. Do you have history of bowel obstruction?

2 Days Prior To The Exam:

- Stop All Iron Supplements And Antacids

The Day Prior To The Exam:

- You May Have Breakfast And A Light Lunch
- After Lunch, You Are To Drink Only Clear Liquids

Things You May Have Include:

| | | | |
|-------------------------------|-------------------|-----------------|-----------------|
| <i>Water</i> | <i>Tea</i> | <i>Jello</i> | <i>Gatorade</i> |
| <i>Juice (No Pulp)</i> | <i>Coffee</i> | <i>Lemonade</i> | <i>Kool-Aid</i> |
| <i>Soda (Including Colas)</i> | <i>Clearbroth</i> | | |

- You May Continue To Drink Clear Liquids Until 10:00 pm
- Do Not Eat Or Drink Anything After 10:00 pm

The Day Of The Exam:

- Please Wear A 2 Piece Comfortable Outfit To Your Appointment
- Do Not Take Any Of Your Usual Medications

Date Of Test _____

Arrival Time _____

Location: Office Endoscopy Suite
125 E. Tower Park Dr.

Allen Hospital
1825 Logan Ave. (Outpatient Entrance #8 on Donald St.)

If you have any questions or concerns, please call our office at 319-234-5990.

Office hours are Monday – Friday from 8:30am - 5:00pm, with phones answered 24 hours per day for emergencies.

PLEASE NOTIFY YOUR INSURANCE CARRIER OF YOUR UPCOMING EXAM