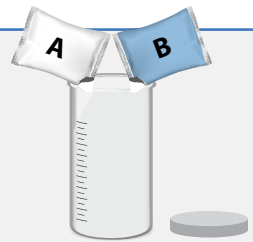


Patient Instructions—Evening Before Regimen

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

Beginning at: _____



STEP 1

MIX
FIRST
DOSE

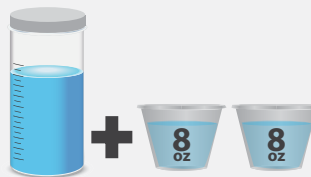
- Empty 1 pouch A and 1 pouch B into the disposable container.
- Add lukewarm drinking water to the top line of the container. Mix to dissolve.

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

STEP 2

DRINK
FIRST
DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed.
- Drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.



Clear liquids include water, ginger ale, apple juice, Gatorade[®]*, lemonade and broth. No red or purple liquids.

Ask your doctor if you have any questions about whether a particular drink is acceptable.

Beginning at: _____

STEP 1

MIX
SECOND
DOSE

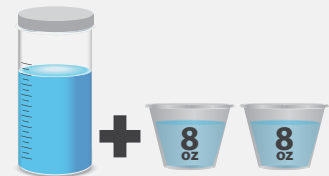
- Empty 1 pouch A and 1 pouch B into the disposable container.
- Add lukewarm drinking water to the top line of the container. Mix to dissolve.

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

STEP 2

DRINK
SECOND
DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed.
- Drink 16 oz. of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.



A colonoscopy prep causes the body to lose a significant amount of fluid and can result in sickness due to dehydration. It's important that you prepare your body by drinking extra clear liquids before the prep. Stay hydrated by drinking all required clear liquids during the prep. Replenish your system by drinking clear liquids after returning home from your colonoscopy.

If you have any questions, please call our office at _____



*Gatorade is a registered trademark of Stokely-Van Camp Inc. Chicago, IL.
website: www.salix.com 1700 Perimeter Park Drive, Morrisville, NC 27560 Tel • 866-669-SLXP(7597)
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(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride, Sodium Ascorbate and Ascorbic Acid for Oral Solution)

www.MoviPrep.com

CEDAR VALLEY
Digestive Health Center

CedarValleyGI.com

1015 S. Hackett Rd., Waterloo, Iowa 50701
319.234.5990

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