

1825 Logan Ave. (Entrance 8)
Waterloo, Iowa 50703
319.235.3823

125 E. Tower Park Dr.
Waterloo, Iowa 50701
319.234.5990

UnityPoint Health - Allen Hospital
Digestive Health Center
CedarValleyGI.com

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EGD Instructions

*****If you are experiencing difficulty swallowing or food sticking:**

7 Days prior to the exam (unless otherwise instructed) stop taking the following:

Ticlid ~ Plavix ~ Aggrenox ~ Effient

5 Days prior to the exam (unless otherwise instructed) stop taking the following:

Coumadin ~ Iron Supplements ~ Metamucil/Other Fiber Supplements ~ Products That Contain Olestra

2 Days prior to the exam (unless otherwise instructed) stop taking the following:

Pradaxa (Debigatran Etexilate) ~ Xarelto ~ Eliquis

**** If you forget to discontinue any of these medications, please call our office from the hours of 8:30am to 5:00pm or let the nurse know when you arrive for your procedure. It is not necessary to call after normal business hours ****

****If you are diabetic****

- Do Not take any of your medication or insulin on the morning of the exam.
- If you check your blood sugar, please do so on the morning of your exam.

Do not eat anything 6 hours before your procedure.

You may drink clear liquids (water, juice, or soda) until 4 hours prior to your exam

***You may take heart, blood pressure, seizure, anti-rejection, anti-anxiety/depression medication the morning of your procedure. Any medications you feel should not be missed, please call the office to check. When you come in, let the nurse know what medications you have taken that day.**

1. If you use inhalers, please bring them with you.
2. You must have a driver due to sedation you will receive. You will not be able to drive or work until the next day.
3. Wear loose comfortable clothes, you may feel bloated after the procedure.

Date of procedure _____ Arrival Time _____

**** The time that we give you is the ARRIVAL time, your procedure typically starts within 1 1/2 - 2 hours following your arrival ****

**** EXPECT TO BE HERE 3-4 HOURS ****

Location: Office Endoscopy Suite
125 E. Tower Park Dr.

Allen Hospital
1825 Logan Ave.
(Outpatient Entrance #8 on Donald St.)

Grundy County Hospital
201 E. J Ave.
(Main Entrance #1)

Buchanan County Health Center
1600 1st St. East
Independence

Follow up office visit: _____

If you have any questions or concerns, please call our office at 319-234-5990.
Office hours are Monday – Friday from 8:30am - 5:00pm, with phones answered 24 hours per day for emergencies.