



CEDAR VALLEY

Gastroenterology

At Allen Digestive Health

Pre-Procedure Discharge Instructions

Does the primary learner have any barriers to learning? NO YES

If yes, describe: _____

What is the primary language of the primary learner?

Is an interpreter required? NO YES

Any spiritual or cultural concerns?

How do you learn best?

Demonstration Reading Listening All of these

ACTIVITY:

- **DO NOT DRIVE OR OPERATE DANGEROUS MACHINERY OR APPLIANCES UNTIL THE NEXT CALENDAR DAY FOLLOWING THE PROCEDURE.**
- Do not go back to work or school today.
- Do not drink alcohol for 24 hours following the procedure.
- Refrain from making critical decisions until the next calendar day following the procedure.
- Have a responsible adult drive you home.

WHAT TO WATCH OUT FOR:

Any rectal bleeding, unusual abdominal pain, nausea, vomiting, fever over 101°F, persistent dizziness, or any other problems. If you experience any of these conditions, you should call us at 319-234-5990 or toll free at 1-877-858-4741 (answered 24 hours a day).

PATIENT SIGNATURE: _____ DATE: _____

DRIVER'S SIGNATURE: _____ DATE: _____