

UnityPoint Health - Allen Hospital

Digestive Health Center

Paracentesis Instructions

IF DIABETIC

- Do not take any insulin or diabetes medicine the morning of the exam. You may check your blood sugar as usual.
- On the day of the exam, do not eat anything 6 hours prior to your procedure time.
- You may drink clear liquids (water, juice, or soda) until 4 hours prior to exam
- You may take your heart and/or blood pressure medications with a small sip.
- Dress comfortably.

Date Of Procedure _____ Arrival Time _____

**** The time that we give you is the ARRIVAL time, your procedure typically starts within 1 1/2 - 2 hours following your arrival ****

**** Expect to be here 3-4 hours ****

Location: Office Endoscopy Suite
125 E. Tower Park Dr.

Allen Hospital
1825 Logan Ave. (Outpatient Entrance #8 on Donald St.)

Follow Up Office Visit: _____

If you have any questions or concerns, please call our office at 319-234-5990 or 877-858-4741.

Office hours are Monday – Friday from 8:30am - 5:00pm, with phones answered 24 hours per day for emergencies.